

FIGUEIRA DA FOZ PORTUGAL

Figueira da Foz: A Small Town of Fascinating Landscape and Tourist Attractions

Figueira da Foz, which basically means a fig tree at the mouth of the river, is a municipality located in the district of Coimbra right at the mouth of Mondego River. Home to over 46,000 people, Figueira da Foz, or simply Figueira, is the second largest city in Coimbra District and is home to magnificent and gigantic beaches, seaport facilities, casinos, and many other interesting spots that every tourist is sure to enjoy.

With its long stretches of golden sand and sparkling waters, there is no doubt as to why Figueira da Foz, Portugal, has been called Rainha das Praias or the Queen of Beaches. Swarms of beach lovers come to swim and enjoy the warm and slightly-above average amount of sun it receives. Figueira has also become a popular destination for surfers. It hosted the world surfing championships held in 1996, and since then, the town has continued to attract surfers from all corners of the world. Many of its beaches have also been developed into world-class resorts.

Located in between Porto and Lisbon, getting to Figueira da Foz is not a problem as there are a dozen of trains that travel to the town everyday. Tourists from Lisbon may also take the bus to get to the town.



INFORMATION AND REGISTRATION

TIME TABLE

TUESDAY 1th SEPTEMBER 2022

09:00H—12:45H and 16:00H—19:45H

FRIDAY 2th SEPTEMBER 2022

07:00H—12:45H and 16:30—19:45H

SATURDAY 3th SEPTEMBER 2022

09:00H—12:45H

15:30H—GRADING

20:30H—SAYONARA PARTY



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GKI GASSHUKU 2022





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FIGUEIRA DA FOZ
PORTUGAL




Goju-Ryu Karate-Do
International

GKI INTERNATIONAL GASSHUKU AND GRADINGS
1, 2 & 3 SEPTEMBER 2022
EB 2, 3 - INFANTE D. PEDRO - BURGOS - Figueira da Foz
AL. JOSEF N. 4, AMBUL. 0

SUPPORTED BY
FIGUEIRA DA FOZ CITY HALL

HOSTED BY AKFF-ASCC



INTERNATIONAL AND REGISTRATION
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1, 2 & 3 September 2022

GKI GASSHUKU 2022

GASSHUKU 2022

1th, 2th & 3h SEPTEMBER 2022

FIGUEIRA DA FOZ – PORTUGAL

The Gasshuku 2022 is being held in Figueira da Foz, Portugal hosted by “AKFF-Associação Karate-Do da Figueira da Foz” and will take place from thursday 1th to saturday 3th september with Black Belts grading and the traditional Sayonara Party on Saturday 3th. The venue for classes and grading is the Infante D. Pedro Scholl on Buarcos, Figueira da Foz.

For this event our propose is to avoid the stress founding a place to sleep at the Foz Beach hotel <https://thefozbeachhotel.com-hotel.com/pt/>

The Sayonara Party will take place on Eurostars Oasis Plaza <https://www.eurostarshotels.com.pt/eurostars->

HOW TO BOOK

JUST FILL THE FORM AND SEND AS PDF FILE WITHH
RECIPT OF PAYMENT TO bruno.sousa@tca.pt UNTIL 30 OF
JUNE 2022.

ALL PAYMENTS TO BE MADE BY TRANSFER TO ACCOUNT
NUMBER:

NIB: 004530514022902563350

IBAN: PT50004530514022902563350

BIC/SWIFT: CCCMPTPL

GASSHUKU 2022

For the Gasshuku 2022

PRICES

GASSHUKU

DAN'S - 60,00€

OTHERS - 40,00€

OFFICIAL T-SHIRT - 15,00€

SAYONARA PARTY - 30,00€

HOTEL

DOUBLE ROOM - 45,00€ *

SINGLE ROOM - 90,00€ *

* WITH BREAKFAST

GASSHUKU 2022 ACCOMODATION

GASSHUKU 2022

1th, 2th & 2th SEPTEMBER

FOZ BEACH HOTEL

FIGUEIRA DA FOZ – PORTUGAL

